

CREATIVE EXPRESSION TRANSFORMS LIVES!



Benefits of art as therapy and why it works:

- Improves self-esteem and self-awareness and cultivates emotional resilience.
- By providing a safe, stress-free environment to create freely, artistic expression decreases depression and anxiety.
- Classes enhance social skills and help individuals form meaningful and deeper relationships, within themselves and with others.
- The ArtABILITY Tour showcases these amazing artists and their individual talents in a professional manner further building confidence.

WHAT CAN YOU DO?

Provide funds for the supplies and necessities to run these creative art programs. This includes funding for the full 12 week art program and the collaborative art show to showcase the talents of our individuals.

By donating, joining our patron club or choosing a level of sponsorship, you can play a critical role in growing this creative expression program within our residences.

PLATINUM SPONSORSHIP: \$5,000

GOLD SPONSORSHIP: \$1,750

SILVER SPONSORSHIP: \$750

PATRON CLUB: Recurring donation of \$30 a month over a 12 month period.

TSINY
Transitional Services
for New York, Inc.



Rediscovering yourself through art!